



***Reverse Walker Letter of Medical Necessity***

J.T.  
123 Main Street  
Anywhere USA 12345  
(800) 555-2222

Physician: (insert name here)  
Therapist: (insert name here)  
Insurance: (insert Primary Insurance)  
Policy #:  
Secondary Insurance: (Insert Secondary Ins)  
Policy #:

DOB: 01/01/2014  
Duration of Need: Lifetime  
Diagnosis: (insert all diagnoses)  
Height: (insert height)  
Weight: (insert weight)

JT is a 3 year old male with a primary diagnosis of (insert primary diagnosis). JT presents with impaired ambulatory ability secondary to muscle weakness and tightness in his upper and lower extremities. JT also presents with lack of coordination and reduced proprioception. As a result JT is limited in his functional mobility and requires assistance.

I have been working with JT for approximately 2 years in the outpatient clinical setting. I have worked with children for 12 years both in the clinical and school settings. I have recommended all types of rehabilitation equipment for clients over that period of time including numerous ambulatory assistive products.

JT currently does not have any adaptive equipment at home. JT is non-ambulatory without the use of a device. He currently scoots or rolls as a means of mobility. This leaves JT with no means to explore his environment, participate in family activities, and will limit his development particularly when he enters preschool in the fall.

I am recommending a Nimbo Posterior walker for JT. This walker is medically necessary for JT so that he is able to safely ambulate without the assistance of an adult. The Nimbo allows for the front casters to be locked in a straight/ non-swivel position. This is an important feature as JT first begins to use the walker as it will allow him to concentrate on forward movement and stopping, and not have to worry about directional movement at first. After mastering this movement, the casters can be allowed to swivel – allowing JT to control directional movement. The rear casters can also be restricted to forward movement only. This feature will prevent JT from accidentally rolling backwards when he is learning to use the walker, especially ascending inclined surfaces. These features are critical for JT as he is just beginning to learn to ambulate. JT will also require the addition of the optional Pelvic stabilizer with belt, and a soft sling seat. The Pelvic Stabilizer will keep JT's pelvis centered in the walker to provide stability and foster increased step lengths. The included strap on the pelvic stabilizer will help maintain

JT's pelvis within the Pelvic Stabilizer. The Soft Seat Sling will prevent JT from falling in the event his knees buckle and he collapses. The Nimbo walker can also be adjusted to accommodate JT's growth.

The Nimbo posterior walker will allow JT to work on becoming independent in his mobility. This will allow him to independently explore his environment and interact with his peers. This independence is also critical to JT's cognitive development and school participation. It will allow JT to assist with his care. Additionally, upright positioning will improve bone density, respiration, swallowing, and digestion. Ambulation will decrease the likelihood of lower extremity joint contractures and reduce muscle tightness.

We have trialed JT in 2 posterior walkers and the Nimbo provided JT with the most support and growth adjustability. The other posterior walker did not offer all the features required to allow safe use by JT. The Nimbo was also the least costly alternative that could perform all of the functions required for JT.

It is the goal of JT and his primary caregivers for him to become more independent in his mobility. The use of the Nimbo Posterior Walker will also improve JT's overall strength, decrease his spasticity, improve respiration and digestion, and encourage JT's cognitive development. For all of the above reasons, a Nimbo walker with the specified accessories is medically necessary.

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Mr. or Mrs. Physical Therapist

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Dr. Doctor

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Date

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Date