



### ***Car Seat Letter of Medical Necessity***

J.T.  
123 Main Street  
Anywhere USA 12345  
(800) 555-2222

Physician: Dr. T. Jones  
Therapist: B. Smith  
Insurance: Anthem BC/BS  
Policy #: 123456789  
Secondary Insurance: Medicaid  
Policy #: 987654321

DOB: 01/01/2005

Duration of Need: Lifetime

Diagnosis: Cerebral Palsy, Spastic Quadriplegia, Developmental Delay

Height: 4'10"

Weight: 73 lbs.

The following is medical necessity justification for an adaptive car seat for JT. JT is a 12 year old male with a primary diagnosis of Cerebral Palsy since birth. JT is non ambulatory due to spasticity in all four extremities and overall weakness. JT cannot sit without support. He currently uses a wheelchair with contoured seating to provide him with the needed support throughout the day. JT is currently a student at West Middle School in Anywhere USA. His communication is mostly non-verbal with gestures and a communication device. JT can partially weight bear but requires maximum assistance to maintain his balance and to transfer.

I am JT's primary clinical physical therapist. I see JT once per week for physical therapy in our clinic. I have been working with JT for 3 years now. I have worked with children for 8 years both in the clinical and school settings. I have recommended all types of rehabilitation equipment for clients over that period of time. JT is also seen every week by an occupational therapist and a speech language pathologist.

JT is currently confined to his wheelchair for the duration of the school day. At home JT is bed or wheelchair confined. Currently he has no other device to use and he cannot be transferred to a standard desk or chair. Currently there is an issue with transporting JT anywhere except when a wheelchair accessible bus is available. His family has a standard minivan that is not modified for the transportation of a wheelchair. It is not safe for JT to sit in a regular car seat as he cannot maintain his sitting balance. Additionally, JT would slide forward with only the support of a standard seat belt. JT's family cannot transport him to his doctor's appointments or his outside therapy appointments every week. His inconsistent therapy attendance is hindering his physical progress and putting him at risk for further orthopedic deformities and potential surgeries.

I am recommending that JT receive an Inspired Spirit Car Seat with Swingaway lateral trunk and hip supports, a Swingaway abductor, and the optional seat depth extender. We have conducted a trial fit of

the Spirit car seat with JT and determined that it is the best car seat to meet his needs. The Spirit provides JT with the necessary lateral support via the Swingaway lateral trunk and hip supports. The contoured head support will also provide good lateral support to JT's head. Additionally, the Spirit is the only car seat that will accommodate JT's size, plus allow for additional growth. The seat depth extender is needed to accommodate JT's seat depth measurement. The Spirit is also the only car seat that has Swingaway lateral supports. Without Swingaway lateral supports, JT's mother and caregivers would not be able to transfer him into the car seat. By swinging the supports out of the way, they are able to laterally transfer JT into the car seat.

We have trialed JT in 2 other car seats and the Spirit was the only car seat that was large enough, provided adequate support, and allowed for safe transfers into and out of the car seat.

It is the goal of JT and his primary caregivers for him to continue to achieve the goals established for him in physical therapy. This will only be possible if he is able to be transported safely to his therapy and doctors appointments each week. Having a Spirit car seat will also allow for JT to participate in all family activities out in the community. For all of the above reasons, it is recommended that JT be provided a Spirit car seat with the specified accessories.

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Mr. or Mrs. Physical Therapist

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Dr. Doctor

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Date

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Date